



## 2011 Summer Camps For Baseball & Softball Players

Session I: July 5 - 8  
Session II: July 12 - 15

Session III: July 19 - 22  
Session IV: August 2 - 5

Tuesday - Friday  
9:00 AM - 12:30 PM

### Information:

Baseball/Softball Players  
Ages: 8-13

### SESSION I

July 5 - 8                    \$199.99  
(Tue - Fri) 9AM - 12:30 PM

### SESSION II

July 12 - 15                \$199.99  
(Tue - Fri) 9AM - 12:30 PM

### SESSION III

July 19 - 22                \$199.99  
(Tue - Fri) 9AM - 12:30 PM

### SESSION IV

August 2-5                 \$199.99  
(Tue - Fri) 9AM - 12:30 PM

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The first 50 players to sign up per session will be in the program. Players signed up after that will be on a waiting list.

There will be no pro-rating if you are to miss any of the sessions. They cannot be made up or transferred.

All payments received are  
**NON-REFUNDABLE and  
NON-TRANSFERRABLE.**

Questions? Email:  
info@rijoathletics.com

A great way to stay in shape, both mentally and physically, during the off-season! This camp is for baseball and softball athletes committed to improving their skills and overall physical ability.

### WHAT'S COVERED:

- HITTING (stance/balance/bat speed)
- FIELDING (set-up/approach/transfers)
- PITCHING (mechanics/pick-offs/change-ups)
- CATCHING (blocking/framing/transfers)
- CONDITIONING (speed & agility/plyometrics)

Sign up today. Space is limited.

For more information and to register call:

## **Rijo Athletics**

22620 State Route 9 SE  
Woodinville, WA 98072

# **(425) 486-4878**

**www.RijoAthletics.com**

Facebook: Rijo Athletics Baseball & Softball  
Twitter: RijoAthletics